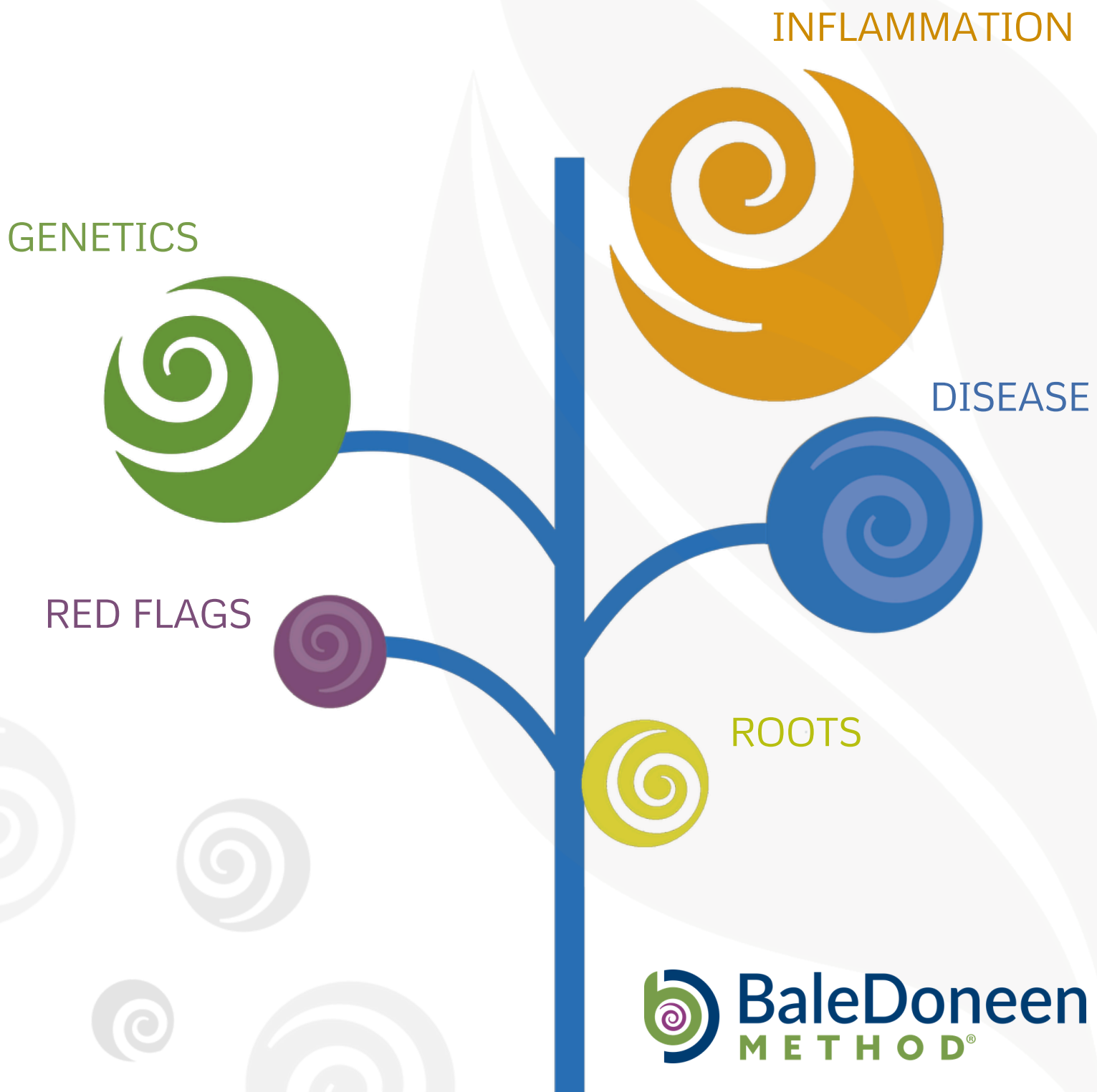


YOUR ARTERIAL DISEASE RISK REPORT

A personalized report highlighting your risk factors for heart attack, stroke, and dementia



Your Arterial Health Results

You will now be empowered with the same information that arterial disease experts use to start the process of assessing and reversing disease, even their most complex patients.

Your Arterial Disease Risk Score:

4 of 5 Major Risk Categories

Your unique subtypes/categories/trouble areas are:

🌀 **ROOT CAUSE**

🌀 **DISEASE**

🌀 **RED FLAGS**

🌀 **INFLAMMATION**

Take Control Of Your Arterial Health Today!

You now have the critical information experts use to assess and reverse arterial disease. The next step is taking action.

ENROLL TODAY!



Here's a detailed description about your specific risk factors, plus all other risk factors. With this powerful information, you will be well educated about to have a deep conversation with your healthcare provider. If you choose to meet with one of our healthcare experts, you can enroll on <https://baldoneen.com/step-2/> today.

🌀 **ROOT CAUSE**

You have identified that you have root causes of atherosclerosis. Many root causes exist; but you can and must identify and resolve them all.

Root cause resolution is key to eliminating inflammation and reversing cardiovascular disease. Both dental and medical experts are needed to ensure you have resolved all of your root causes.

Root Causes include:

- Bleeding gums, deep gum pockets, periodontal disease or a history of root canal/dental implants
- mouth breathing, snoring, gasping for air in your sleep, sleep apnea, allergies/asthma, or clenching/grinding your teeth
- sleeping less than 6 hours nightly, interrupted sleep, restless leg syndrome or awakening unrefreshed
- smoking/tobacco/vaping/topical/secondary nicotine exposure
- Artificially or sugar sweetened drinks (including soda)
- Less than 3 servings of fruits and vegetables daily
- Processed foods or high saturated fat foods regularly

- Diabetes, prediabetes, insulin resistance, metabolic syndrome, gestational diabetes, PCOS and high triglyceride levels
- High levels of stress: divorce, job challenges, working long hours, night shift / rotating shift, relocation, caring for a loved one, etc
- Autoimmune disease (Rheumatoid Arthritis, Psoriasis, Lupus, Crohn's disease, Sjogren's)
- High blood pressure (> 120/80)
- High cholesterol (total cholesterol above 200 mg/dL or LDL >70 mg/dL)
- Low HDL (good cholesterol (< 60 mg/dL)
- Elevated levels of Lipoprotein (a) - Lp(a)
- Atrial fibrillation / history of irregular heartbeats
- Low Vitamin D (< 30 ng/mL)
- History of shingles, influenza B, or pneumonia in the last year.
- History of migraine headaches – with or without aura

GOOD NEWS: By addressing these root causes with expert guidance, you can take meaningful steps to protect your health. **Take action today—enroll in the BaleDoneen Telemed Program.**

ENROLL TODAY!

Visit <https://baldoneen.com/step-2/> to get started.

RED FLAGS

Based on your results you have high risk for cardiovascular disease, atherosclerosis, heart attack, and stroke based on red flags that are clearly apparent in your life and health.

Red flags are signs that are highly correlated with trouble in your health in the future. Some of these red flags are physical signs on your body and some are health conditions present in your life.

We recommend that you identify all of your red flags and take the recommended next steps to protect yourself from future disease and future cardiovascular events. The next steps in your action plan are powerfully effective to protect and improve your current and future health.

Just a few Red Flags include:

- Thyroid issues (hypothyroidism, sluggish or low thyroid function, Hashimoto's thyroiditis, even hyperthyroidism)
- Cancer history
- Gout
- Male pattern baldness & receding hairline
- Waist size > 35" for females or >40" for males? If Asian, waist size >31.5" female or >35.5" for males
- Xanthomas on the skin

GOOD NEWS: Many red flags are warning signs—not guarantees. By identifying these early, you can take proactive steps to prevent future disease. Whether it's lifestyle adjustments, targeted treatments, or advanced screenings, you have the power to change your trajectory. **Work with experts who know how to turn these warning signs into a plan for prevention. Enroll in the BaleDoneen Telemed Program today.**

ENROLL TODAY!

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© INFLAMMATION

Based on your results, you have not had testing to fully understand your current inflammatory status; or you have had an incomplete evaluation of your inflammatory status. And you may have diseases or conditions in your body that promote chronic inflammation.

Inflammation is the cause of and the accelerator of plaque or disease in the wall of your arteries. Inflammation puts you at high risk of many chronic diseases – heart attack, stroke, dementia, and even cancer.

What is inflammation exactly? Inflammation is your body's immune system doing its job. Your beautiful and intricate immune system was designed to heal wounds, heal infection, and protect you from all types of toxins and disease. When your immune system senses a plaque in your artery wall anywhere in your body, the immune system sends in cells to heal that "wound" on the wall of the artery. In doing so, a cap much like a sore on a wound on your skin develops. In this process a blood clot is formed.

The blood clot can do what it is supposed to do to seal and heal the artery wall or it can become too large and block the flow of blood entirely. Small clots or pieces of the blood clot can also float downstream and lodge in smaller blood vessels. Both of the last two scenarios lead to big trouble for you.

GOOD NEWS: Chronic inflammation is a major driver of arterial disease, but it can be managed. With the right testing and targeted strategies, you can cool down inflammation, stabilize your arteries, and significantly lower your risk. The BaleDoneen Method focuses on eliminating hidden sources of inflammation that traditional healthcare often misses. **Find out exactly what's driving inflammation in your body—and how to stop it. Enroll in the BaleDoneen Telemed Program today.**

ENROLL TODAY!

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© DISEASE

You have evidence of disease – meaning you have known vascular disease or atherosclerosis. This places you at extremely high risk for a first of next heart attack, stroke, stent, bypass surgery or other major disruption in your future.

GOOD NEWS: You can stabilize and reverse this disease process and live a life free from fear and free from a future procedure or cardiovascular "event". You need to thoroughly understand the current state of your atherosclerosis and take next steps immediately to improve the health of your arteries. **The right treatment plan can change everything. Enroll in the BaleDoneen Telemed Program today.**

ENROLL TODAY!

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